

**Personal Information**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone: (Cell) \_\_\_\_\_ (Bus/Home) \_\_\_\_\_ Age: \_\_\_\_\_

Date of birth: M \_\_\_ D \_\_\_ Y \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_ Gender: M F

E-Mail Address: \_\_\_\_\_

Workplace: \_\_\_\_\_ Occupation: \_\_\_\_\_

Medical doctor: \_\_\_\_\_ Address: \_\_\_\_\_ Tel.: \_\_\_\_\_

Previous Chiropractor: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

How did you hear about our office?

( ) Referral Whom may we thank for referring you to our office? \_\_\_\_\_

( ) Internet search

( ) Sign

( ) Other - \_\_\_\_\_

Here at Alcona Chiropractic, we focus on your potential to be healthy! When a patient seeks chiropractic care, it is essential that we are both working towards the same objective. Please take a moment to familiarize yourself with the following terms:

**The goal of Chiropractic:** To remove any interference from the spine and spinal nerves, in order to allow the brain to fully communicate with the body.

**Subluxation:** A misalignment or restricted movement in the spine which causes interference to the transmission of nerve impulses, resulting in a lessening of the body's ability to heal and express its health potential.

**Adjustment:** An adjustment is the specific application of movement used to facilitate the body's correction of subluxation.

Please try to list your top 3 current stresses in each category:

**1. Physical Stresses** (poor posture, commuting, accidents, repetitive motions, lacking exercise, etc.)

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**2. Chemical Stress** (unhealthy foods, excessive caffeine, smoking, lacking water intake, etc.)

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**3. Psychological Stresses** (work, relationships, busy schedule, finances, etc.)

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**Please check anything you are currently experiencing or have experienced in the past. Please add anything not mentioned on the lists.**

**HEAD**

- ☐ headaches
- ☐ trauma
- ☐ vertigo
- ☐ vision problems
- ☐ earache
- ☐ jaw pain
- ☐ sinusitis

**CARDIOVASCULAR**

- ☐ leg cramps
- ☐ varicose veins
- ☐ poor circulation
- ☐ phlebitis
- ☐ atherosclerosis (hardening of arteries)
- ☐ heart attack
- ☐ stroke
- ☐ high blood pressure
- ☐ low blood pressure
- ☐ heart disease
- ☐ heart murmur
- ☐ pacemaker
- ☐ chronic congestive heart failure

other: \_\_\_\_\_

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**WOMEN**

- ☐ menstrual problems
  - ☐ painful
  - ☐ heavy
  - ☐ scant

\_\_\_\_ pregnancy/due date: \_\_\_\_\_

- \_\_\_\_ # of children
- \_\_\_\_ history of miscarriage
- \_\_\_\_ menopause
- \_\_\_\_ hysterectomy

**NEUROLOGICAL**

- \_\_\_\_ fainting spells
  - \_\_\_\_ blackouts
  - \_\_\_\_ seizures
  - \_\_\_\_ weakness
  - \_\_\_\_ tingling
  - \_\_\_\_ paralysis
  - other: \_\_\_\_\_
- 

**RESPIRATORY**

- \_\_\_\_ chronic coughing
  - \_\_\_\_ asthma
  - \_\_\_\_ bronchitis
  - \_\_\_\_ emphysema
  - \_\_\_\_ shortness of breath
  - \_\_\_\_ smoking
  - other: \_\_\_\_\_
- 

**DIGESTIVE /  
URO-GENITAL**

- \_\_\_\_ poor appetite
- \_\_\_\_ constipation
- \_\_\_\_ diarrhea
- \_\_\_\_ difficult digestion
- \_\_\_\_ liver
- \_\_\_\_ gallbladder
- \_\_\_\_ kidney

\_\_\_\_ diabetes (onset: \_\_\_\_\_)  
other: \_\_\_\_\_

**MUSCLES/JOINTS**

- \_\_\_\_ osteoarthritis
- \_\_\_\_ rheumatoid arthritis
- \_\_\_\_ fibromyalgia

other: \_\_\_\_\_

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**OTHER CONDITIONS**

- \_\_\_\_ frequent colds
- \_\_\_\_ insomnia
- \_\_\_\_ anxiety
- \_\_\_\_ depression
- \_\_\_\_ epilepsy
- \_\_\_\_ hepatitis
- \_\_\_\_ HIV
- \_\_\_\_ tuberculosis
- \_\_\_\_ pins/prosthesis
- \_\_\_\_ thyroid imbalance

**OTHER MEDICAL  
CONDITIONS**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SURGERY**

type/dates: \_\_\_\_\_

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## **Current Complaints**

**If you do not currently have any complaints, please skip to Patient Goals section.**

Others please proceed with this section.

1. Condition(s) for which you are seeking relief? \_\_\_\_\_  
\_\_\_\_\_
2. When did you first notice the complaint? \_\_\_\_\_
3. Is this condition getting progressively worse? Yes\_\_\_ No\_\_\_ Constant \_\_\_ Comes & goes \_\_\_
4. Is this condition interfering with your.... work \_\_\_ sleep \_\_\_ daily routine \_\_\_
5. What do you believe is the source of the problem? \_\_\_\_\_
6. Has there been a medical diagnosis? If yes, what was the diagnosis? \_\_\_\_\_  
By whom? \_\_\_\_\_ Address \_\_\_\_\_  
X-rays or imaging? \_\_\_\_\_
7. Have you had a similar problem before? If yes, when? \_\_\_\_\_

## **Patient Goals**

As a result of my chiropractic care, I would like to:

- ( ) Feel better quickly
- ( ) Ensure that my health concerns do not become an ongoing problem/impact my future health
- ( ) Have a healthier body by keeping my nervous system healthy
- ( ) Live an active, healthier lifestyle to 80, 90, or 100 years of age!

### **Informed Consent to Chiropractic Care**

There are risks and possible risks associated with manual therapy techniques used by doctors of chiropractic. In particular you should note:

- a) While rare, some patients may experience short term aggravation of symptoms or muscle and ligament strains or sprains as a result of manual therapy techniques. Although highly uncommon, rib fractures have also been known to occur following certain manual therapy procedures;
- b) There are reported cases of stroke associated with visits to medical doctors and chiropractors. Research and scientific evidence does not establish a cause and effect relationship between chiropractic treatment and the occurrence of stroke. Recent studies suggest that patients may be consulting medical doctors and chiropractors when they are in the early stages of a stroke. In essence, there is a stroke already in progress. However, you are being informed of this reported association because a stroke may cause serious neurological impairment or even death. The possibility of such injuries occurring in association with upper cervical adjustment is extremely remote;
- c) There are rare reported cases of disc injuries identified following cervical and lumbar spinal adjustment, although no scientific evidence has demonstrated such injuries are caused, or may be caused, by spinal adjustments or other chiropractic treatment;
- d) There are infrequent reported cases of burns or skin irritation in association with the use of some types of electrical therapy offered by some doctors of chiropractic.

I acknowledge I have read this consent and I have discussed, or have been offered the opportunity to discuss, with my chiropractor the nature and purpose of chiropractic treatment in general, (including spinal adjustment), the treatment options and recommendations for my condition, and the contents of this Consent.

I consent to the chiropractic treatment recommended to me by my chiropractor including any recommended spinal adjustments. I intend this consent to apply to all my present and future chiropractic care.

**Dated this** \_\_\_\_\_ **day of** \_\_\_\_\_, **20**\_\_\_\_\_.

\_\_\_\_\_  
**Patient Signature (Legal Guardian)**

\_\_\_\_\_  
**Witness Signature**

**Name:** \_\_\_\_\_  
(please print)

**Name:** \_\_\_\_\_  
(please print)

### **Payment Agreement & Policy**

- Payment is due at the time of service.
- We offer **pre-paid options** for chiropractic care plans. Pre-paid plans provide an administrative **discount** and remove the need for patients to spend time being processed at the front desk each visit.
- We accept the following forms of payment:
  - Cash
  - Cheque
  - Debit Card
  - Credit Card

For patients with insurance plans, we will provide you with the proper documentation to be reimbursed as quickly as possible. We can never guarantee that your insurance company will reimburse your care fees. You are ultimately responsible for the investment into your care at our office.

For patients without insurance coverage, we will print out a yearly statement for income tax deductions at your request.

### **Cancellation Policy**

We require a minimum of 24 hours notice to reschedule, postpone, or cancel an appointment.

Failure to provide **24 hours notice** will result in a **\$25** charge. This charge will appear as a 'Missed Appointment Fee' on your next invoice/statement.

By signing this agreement, you are indicating that you understand and agree to the terms of service explained above.

Patient Name : \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_